Spam as a Symptom of Electronic Communication Technologies that Ignore Social Requirements

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INTRODUCTION

Spam, undesired and usually unsolicited e-mail, has been a growing problem for some time. A 2003 Sunbelt Software poll found spam (or junk mail) has surpassed viruses as the number-one unwanted network intrusion (Townsend & Taphouse, 2003). Time magazine reports that for major e-mail providers, 40 to 70% of all incoming mail is deleted at the server (Taylor, 2003), and AOL reports that 80% of its inbound e-mail, 1.5 to 1.9 billion messages a day, is spam the company blocks. Spam is the e-mail consumer's number-one complaint (Davidson, 2003). Despite Internet service provider (ISP) filtering, up to 30% of in-box messages are spam. While each of us may only take seconds (or minutes) to deal with such mail, over billions of cases the losses are significant. A Ferris Research report estimates spam 2003 costs for U.S. companies at \$10 billion (Bekker, 2003).

While improved filters send more spam to trash cans, ever more spam is sent, consuming an increasing proportion of network resources. Users shielded behind spam filters may notice little change, but the Internet transmitted-spam percentage has been steadily growing. It was 8% in 2001, grew from 20% to 40% in 6 months over 2002 to 2003, and continues to grow (Weiss, 2003). In May 2003, the amount of spam e-mail exceeded nonspam for the first time, that is, over 50% of transmitted e-mail is now spam (Vaughan-Nichols, 2003). Informal estimates for 2004 are over 60%, with some as high as 80%. In practical terms, an ISP needing one server for customers must buy another just for spam almost no one reads. This cost passes on to users in increased connection fees.

Pretransmission filtering could reduce this waste, but creates another problem: spam false positives, that is, valid e-mail filtered as spam. If you accidentally use spam words, like *enlarge*, your e-mail may be filtered. Currently, receivers can recover false rejects from their spam filter's quarantine area, but filtering before transmission means the message never arrives at all, so neither sender nor receiver knows there is an error. Imagine if the postal mail system shredded unwanted mail and lost mail in the process. People could lose confidence that the mail will get through. If a communication environment cannot be trusted, confidence in it can collapse.

Electronic communication systems sit on the horns of a dilemma. Reducing spam increases delivery failure rate, while guaranteeing delivery increases spam rates. Either way, by social failure of confidence or technical failure of capability, spam threatens the transmission system itself (Weinstein, 2003). As the percentage of transmitted spam increases, both problems increase. If spam were 99% of sent mail, a small false-positive percentage becomes a much higher percentage of valid e-mail that failed. The growing spam problem is recognized ambivalently by IT writers who espouse new Bayesian spam filters but note, "The problem with spam is that it is almost impossible to define" (Vaughan-Nichols, 2003, p. 142), or who advocate legal solutions but say none have worked so far. The technical community seems to be in a state of denial regarding spam. Despite some successes, transmitted spam is increasing. Moral outrage, spam blockers, spamming the spammers, black and white lists, and legal responses have slowed but not stopped it. Spam blockers, by hiding the problem from users, may be making it worse, as a Band-Aid covers but does not cure a systemic sore. Asking for a technical tool to stop spam may be asking the wrong question. If spam is a social problem, it may require a social solution, which in cyberspace means technical support for social requirements (Whitworth & Whitworth, 2004).

BACKGROUND

Why Spam Works

Spam arises from the online social situation technology creates. First, it costs no more to send a million e-mails than to send one. Second, "hits" are a percentage of transmissions, so the more spam sent means more sender profit. Hence, it pays individuals to spam. The logical goal of spam generators is to reach all users to maximize hits at no extra cost. Yet the system cannot sustain this. With 23 million businesses in America alone, if each sent just one unsolicited message a year to all users, that is over 63,000 e-mails per person per day. Spam seems the electronic equivalent of the "tragedy of the commons" (Hardin, 1968), where some farmers, each with some cows and land, live near a common grass area. The tragedy is that if the farmers calculate their benefits, they all graze the commons, which is destroyed from overuse. In this situation, individual temptation can undermine a public-good commons.

For spam, the public good is free online communication, and the commons is the wires, storage, and processors of the Internet. The individual temptation is to use the commons for personal gain. E-mail creates value by exchanging meaning between people. As spam increases, e-mail gives less meaning for more effort, that is, less value. Losses include wasted processing, storage, and lines; "ignore time" (time to reject spam); antispam software costs; time to resolve spam false positives; time to confirm spam challenges; important messages lost by spam; and unknown lost opportunity costs from messages not sent because spam raises the user cost to send a message (Reid, Malinek, Stott, & T., 1996). E-mail lowered this communication threshold, but spam makes communication harder by degrading the email commons. If half of Internet traffic is spam, the Internet is half wasted, and for practical purposes, half destroyed. Spam seems to be an electronic tragedy of the commons.

SOME SPAM RESPONSES

If spam is a traditional social problem in electronic clothes, why not use traditional social responses?

Ignore It

One answer to spam is to ignore it: After all, if no one bought, spam would stop. However, a "handful of positive responses is enough to make a mailing pay off, and there will always be a handful of suckers out there" (Ivey, 1998, p. 15). There are always spam responders; a new one is born on the Internet every minute.

Ethics

Online society seems unlikely to make people more ethical than they are in physical society, so it seems unlikely spammers will "see the light" any time soon.

Barriers

Currently the most popular response to spam is spam filters, but spammers need only 100 takers per 10 million requests to earn a profit (Weiss, 2003), much less than a 0.01% hit rate. So even with 99.99% successful spam blockers, spam transmission will increase.

Revenge

One way users handled companies faxing annoying unsolicited messages was by "bombing" them with return faxes, shutting down their fax machines. For e-mail, ISPs, not senders, are registered. If we isolate ISPs that allow spam, this penalizes valid users as well as spammers. Lessig (1999) argued before the U.S. Supreme Court for a bounty on spammers, "like bounty hunters in the Old West" (Bazeley, 2003). However, the cyberspace "Wild West" is not inside America, nor under U.S. courts. And do we really want an online vigilante society?

Third-Party Guarantees

Another approach is for a trusted third party to validate all e-mail. The Tripoli method requires all e-mails to contain an encrypted guarantee from a third party that it is not spam (Weinstein, 2003). However, custodian methods require significant coordination and raise Juvenal's question, "Quis custodiet ipsos custodies [Who will watch our watchers]?" Will

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