

## Chapter 6

# Using a Neural Network to Predict Participation in a Maternity Care Coordination Program

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### ABSTRACT

*Researchers increasingly use Artificial Neural Networks (ANNs) to predict outcomes across a broad range of applications. They frequently find the predictive power of ANNs to be as good as or better than conventional discrete choice models. This paper demonstrates the use of an ANN to model a consumer's choice to participate in North Carolina's Maternity Care Coordination (MCC) program, a state sponsored voluntary public health service initiative. Maternal and infant Medicaid claims data and birth certificate data were collected for 59,999 births in North Carolina during the years 2000-2002. Part of this sample was used to train and test an ANN that predicts voluntary enrollment in MCC. When tested against a hold-out production sample, the ANN model correctly predicted 99.69% of those choosing to participant and 100% of those choosing not to participant in the MCC program.*

### INTRODUCTION

Information technology (IT) plays a pervasive role throughout the healthcare industry. In addition to providing the data storage and data process-

ing capabilities needed to support the business management, customer relations management, human resource management and office automations requirements of healthcare organizations, IT also is used increasingly to support decision making functions.

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Most decision support methodologies rely on the mathematical modeling of historical data. Many of these systems, such as the widely accepted Acute Physiology and Chronic Health Evaluation (APACHE) system, are based on binary LOGIT regression estimations or other statistical analysis techniques. This type of modeling requires the specification of *a priori* functional relationships between dependent and independent variables based on assumptions such as correct model specification, error-free measurement of independent variables, and normally distributed, heteroscedastic, independent, zero-mean residuals. It is more likely, however, that healthcare decisions will depend on a variety of factors involving complex, hidden interrelationships of both socio-demographic and health related characteristics.

To address issues of non-linearity and complex relationships in study data, many modelers have turned to other methods of analysis that fall under the broader categorization of “artificial intelligence” (AI). AI, which attempts to give computers human-like reasoning capabilities, includes techniques such as expert systems, fuzzy systems, genetic algorithms, case based reasoning and a variety of classifier systems like the Artificial Neural Network (ANN) used in this study.

Because of advantages like ease of optimization, prediction accuracy, easy knowledge dissemination, workload reduction and decision support, Artificial Neural Networks have been widely accepted and used for more than a decade in the healthcare arena (Lisboa & Taktak, 2006). When used in medical applications, ANNs are known to provide decision support assistance that can produce highly accurate results (Kaur & Wasan, 2006) and better predictive performance than other modeling alternatives (Alkan et al., 2005; Alpsan et al., 1995; Goss & Vozikis, 2002).

Medical applications of ANN include diverse examples ranging from the analysis trauma data (Chesney et al., 2006; Eftekhar et al., 2005) to predicting the contact map structures of proteins (Chen et al., 2008). ANNs have proven useful in

medically related classifications including drug and non-drug chemical compounds (Pehlivanli et al., 2008), genes (Wang et al., 2008), heart sounds (Ari & Saha, 2008), liver abnormalities (Poonguzhali & Ravindran, 2007) and types of epileptic seizures (Najumnissa & ShenbagaDevi, 2008). ANNs also have been successfully applied to the diagnoses of cancer (Lisboa & Taktak, 2006), cardiac state (Samanta & Nataraj, 2008), diabetes (Kuar & Wasan, 2006), gastrointestinal hemorrhage (Das et al., 2003) and myocardial infarction (Baxt, 1991; Baxt et al., 2002).

While medical diagnosis is probably the most common healthcare application for Artificial Neural Networks, ANNs also have been used successfully in other healthcare areas. Examples include assessing community-level vulnerability to methamphetamine manufacture (Dalmadge & Cain, 2008), evaluating if patient debt is likely to be repaid (Zurada & Lonial, 2005), evaluating the severity of risks on healthcare non-clinical business operations (Okoroh et al., 2007), identifying individuals at risk for high medical costs (Crawford et al., 2005), identifying sources of future high resource demand (Kudyba et al., 2006), and predicting nursing staff levels (Seomun et al., 2006).

While ANNs are generally well accepted and frequently used in the healthcare industry, one sector that does not seem to have taken advantage of this technology is public healthcare services. Although some high-level examples of ANN use for public health issues exist, such as assessing community-level vulnerability to methamphetamine manufacture (Dalmadge & Cain, 2008) and forecasting demand for national immunization vaccines (Choy & Kuo, 2006), little has been developed at the public program level.

While facing the expected pressures for professionalism and quality service, public healthcare programs also faces the additional burdens of budgetary restrictions and legislative oversight. As a result, public healthcare programs, like other sectors of healthcare, are intensifying their focus on the enhancement of operating efficiency through

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